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Press Release

CBSE clarifies regarding class XII Physical Education Textbook

The social media networks have posted a news titled 'Class XII CBSE Physical Education textbook says/certifies/claims 36-24-36 is the best figure for females' as mentioned in a Class XII textbook. The book referred to is titled 'Health and Physical Education' authored by one Dr. V.K. Sharma and published by New Saraswati House. The reference to CBSE in this news is vehemently denied. It is totally incorrect and does not have any credible base.

CBSE does not recommend books by any private publishers to the affiliate schools. Rule 15.1 (d) of the Affiliation-byelaws of the Board clearly states that the school will follow the syllabus on the basis of curriculum prescribed by NCERT/CBSE and textbooks published by NCERT or CBSE as far as practicable. It also states that the schools will exercise extreme care while selecting books of private publishers. The content must be scrutinized to preclude any objectionable content that hurts the feelings of any class, community, gender, religious group in society if prescribing books having such content, the school will have to take the responsibility of such content. The bye-laws further mandate that the school will put a list of such books prescribed by it on its website with the written declaration duly signed by the Manager and the Principal to the effect that they have gone through the contents of the books prescribed by the school and own the responsibility.

It is also unfortunate that none of the reporters who seem to have started this controversy ever got in touch with any responsible officer for clarification before publishing this misleading news. The action seems to be willful and only to malign the name of a responsible organization like CBSE.

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Public Relations Officer

